

Wisdom Instruction

Writer not named · Book I

PICTURE WORD

Tree

IN ONE SENTENCE



he person who delights in God's law, not the way of the wicked, is blessed like a fruitful tree.

Remember it: Psalm One: plant your roots in God's word and grow like a tree.

MEMORY VERSE

And he shall be like a tree planted by
streams of water
which yields its fruit in its season
and its leaf does not wither
and all that he does prospers

Psalm 1:3 · the author's translation

HEBREW WORD

אַשְׁרֵי

"blessed" · verse 1

In the Psalms: 26 times, in 19 psalms

אַשְׁרֵי, "blessed," is the very first word of the Psalter. It is a plural exclamation, something like "Oh, how happy!" It describes the flourishing life of someone walking God's way, and the same word returns in Psalm 2:12, framing the doorway into the whole book.

HOW THE PSALM MOVES

- 1-3 The blessed person rejects wicked counsel and delights in God's law.
- 4-5 The wicked blow away like chaff and cannot stand.
- 6 The LORD knows the righteous way; the wicked way perishes.

MY NOTES



Listen. Hear Psalm 1 in the **Psalm Song** app, or free at ispress.de/psalms/1.

Didactic. Preached: a teaching psalm, a sermon meant to be heard, not sung.

The Two Ways

God's Word

FILL IN THE BLANKS

The person who _____ in God's law, not the way of the _____, is blessed like a fruitful _____.

CHECK YOURSELF

- Where does the blessed person find delight?

☐ (A) In the counsel of the wicked	☐ (B) In Yahweh's law
☐ (C) In great riches	☐ (D) In the seat of scoffers
- What are the wicked compared to?

☐ (A) A tree by streams	☐ (B) A strong tower
☐ (C) Chaff the wind drives away	☐ (D) A lion in hiding
- When does the blessed person meditate on God's law?

☐ (A) Day and night	☐ (B) Only on the Sabbath
☐ (C) Once a year	☐ (D) Only in trouble

TALK IT OVER

- Verse 1 moves from walking to standing to sitting. What does that progression warn us about?

- What does it mean that the LORD "knows" the way of the righteous?

- What "streams of water" keep your faith green during a dry season?

IN YOUR OWN WORDS: WHAT DOES PSALM 1 TEACH?

- | | |
|---|--|
| ☐ I listened to the song | ☐ I can say what it teaches |
| ☐ I can say verse 3 by heart | ☐ I know the picture word |

Answers Blanks: delights · wicked · tree · Check yourself: 1. B (v. 2) · 2. C (v. 4) · 3. A (v. 2)