

Trust Delight

Psalms of David · Book I

"A Miktam of David"

IN ONE SENTENCE



David takes refuge in the LORD, his portion and joy, and trusts him with life, death, and the path of life.

Remember it: Psalm Sixteen: my boundary lines fall in pleasant places, and God is my portion.

MEMORY VERSE

You make known to me the path of life
fullness of joy is in Your presence
pleasures are at Your right hand
forever

Psalm 16:11 · the author's translation

HEBREW WORD

שָׁמְרֵנִי

"preserve me" · verse 1

In the Psalms: 72 times, in 34 psalms

שָׁמְרֵנִי, "preserve me," comes from the verb "to keep, guard, watch over." It is used for guarding a garden, keeping watch over a city, and the LORD as Israel's "keeper" in Psalm 121. David's first words ask God to stand guard over him.

HOW THE PSALM MOVES

- 1-4 David takes refuge in God, his only good, and rejects idols.
- 5-6 The LORD is his portion; his boundary lines are pleasant.
- 7-8 God counsels him, and with God at hand he stands firm.
- 9-11 Even death cannot hold him; God shows the path of life.

IN THE NEW TESTAMENT

- v. 8-11 → Acts 2:25-28 Peter at Pentecost: David spoke of the resurrection of Christ.
- v. 10 → Acts 13:35 Paul: God's Holy One did not see decay.

MY NOTES



Listen. Hear Psalm 16 sung in the **Psalm Song** app, or free at ispress.de/psalms/16.

Cantillated. Sung: chanted back and forth between a leader and the people.

Refuge in Trouble

The King & the Messiah

FILL IN THE BLANKS

David takes refuge in the LORD, his _____ and _____, and trusts him with life, death, and the _____ of life.

CHECK YOURSELF

1. What does David have apart from the Lord?

☐ (A) Great wealth

☐ (C) Many friends

☐ (B) No good thing

☐ (D) A strong kingdom

2. Where have the lines fallen for David?

☐ (A) In pleasant places

☐ (C) By the sea

☐ (B) In the desert

☐ (D) In enemy land

3. What is found in God's presence?

☐ (A) Fear and trembling

☐ (C) Silence

☐ (B) Hard work

☐ (D) Fullness of joy

TALK IT OVER

1. What does David say God will not allow in verse 10?

2. What does it mean for the LORD himself to be someone's "portion" and "cup"?

3. What would it look like for you to set the LORD "always before" you?

IN YOUR OWN WORDS: WHAT DOES PSALM 16 TEACH?

☐ I listened to the song

☐ I can say verse 11 by heart

☐ I can say what it teaches

☐ I know the picture word

Answers: Blanks: portion · joy · path · Check yourself: 1. B (v. 2) · 2. A (v. 6) · 3. D (v. 11)