

Ascending Petition

Psalms of David · Book I · Royal Psalms

“For the choir director, of the servant of Yahweh, David, who spoke to Yahweh the words of this song in the day Yahweh delivered him from the hand of all his enemies and from the hand of Saul”

IN ONE SENTENCE



he LORD, David's rock and fortress, rescues him from death, defeats his enemies, and exalts his anointed king.

Remember it: Psalm Eighteen: my Rock came down in the storm and pulled me out.

MEMORY VERSE

Yahweh is my rock
and my fortress
and my deliverer
my God
my rock in whom I take refuge
my shield
and the horn of my salvation
my stronghold

Psalm 18:2 · the author's translation

HEBREW WORD

סֶלַעַי

“my rock” · verse 2

In the Psalms: nine times, in 9 psalms

סֶלַעַי, “my rock,” uses a word for a cliff or rocky crag, a high and hard place where no enemy can reach. Verse 2 uses two different Hebrew words for “rock,” stacking pictures of safety. God is not just a shelter in the storm but solid ground under the feet.

HOW THE PSALM MOVES

- 1–3 David loves the LORD, his rock, fortress, and deliverer.
- 4–19 From death's cords he cries; God comes in storm and rescues.
- 20–30 God rewards faithfulness and lights his lamp.
- 31–45 God arms the king with strength and gives him victory.
- 46–50 The LORD lives; he shows loving kindness to his anointed.

IN THE NEW TESTAMENT

v. 49 → **Romans 15:9** The Gentiles will glorify God for His mercy.

MY NOTES



Listen. Hear Psalm 18 sung in the **Psalm Song** app, or free at ispress.de/psalms/18.

Cantillated. Sung: chanted back and forth between a leader and the people.

Refuge in Trouble

The King & the Messiah

Praise & Thanksgiving

FILL IN THE BLANKS

The LORD, David's _____ and _____, rescues him from _____, defeats his enemies, and exalts his anointed king.

CHECK YOURSELF

1. From what did God draw David out?

☐ (A) A deep pit

☐ (C) A burning city

☐ (B) Many waters

☐ (D) A lion's den

2. Why did God deliver him, according to verse 19?

☐ (A) Because he was strong

☐ (C) Because his army was large

☐ (B) Because he paid a ransom

☐ (D) Because he delighted in me

3. What does God make David's feet like?

☐ (A) Deer's feet

☐ (C) A lion's paws

☐ (B) Iron

☐ (D) Eagle's wings

TALK IT OVER

1. Count the names David gives God in verse 2. Which one stands out to you?

2. What do verses 7-15 show about God's power when he comes to rescue?

3. Verse 28 says God lights our darkness. Where do you need that today?

IN YOUR OWN WORDS: WHAT DOES PSALM 18 TEACH?

☐ I listened to the song

☐ I can say verse 2 by heart

☐ I can say what it teaches

☐ I know the picture word

Answers: Blanks: rock · fortress · death · Check yourself: 1. B (v. 16) · 2. D (v. 19) · 3. A (v. 33)