

Refrain Lament Turning

Sons of Korah · Book II

"For the Chief Musician. A contemplation by the sons of Korah."

PICTURE WORD

Deer

IN ONE SENTENCE

*thirsting soul longs for God like a deer for water, and tells itself to hope in God and praise him.***Remember it:** Forty-two: as the deer pants for water, my soul pants for God.

MEMORY VERSE

As the deer pants for the water brooks, so
my soul pants after you, God.

Psalm 42:1 · World English Bible

HEBREW WORD

תַּעֲרַג

"pant, long" · verse 1

In the Psalms: twice

תַּעֲרַג means "pants" or "longs." It is a rare word for the deep panting of a thirsty animal, used also in Joel 1:20 for beasts of the field crying out in drought. It is not a mild wish; it is a desperate thirst only God can satisfy.

HOW THE PSALM MOVES

1-4 The soul thirsts for God and remembers worship in his house.**5** The psalmist tells his soul: hope in God.**6-10** Waves sweep over him, yet God's song is with him.**11** Again he tells his soul to hope and praise.

MY NOTES

**Listen.** Hear Psalm 42 sung in the **Psalm Song** app, or free at ispress.de/psalms/42.**Cantillated.** Sung: chanted back and forth between a leader and the people.

Crying Out in Distress

Waiting on God

Zion & the House of God

FILL IN THE BLANKS

A thirsting soul longs for God like a _____ for _____, and tells itself to _____ in God and praise him.

CHECK YOURSELF

1. What have been the psalmist's food day and night?

☐ (A) His tears

☐ (C) Honey

☐ (B) Bread and wine

☐ (D) Manna

2. What do people continually ask him?

☐ (A) "Why are you sad?"

☐ (C) "Who is your king?"

☐ (B) "Where is your God?"

☐ (D) "When will you return?"

3. What calls to deep at the noise of God's waterfalls?

☐ (A) Thunder

☐ (C) Deep

☐ (B) Wind

☐ (D) Rain

TALK IT OVER

1. What does the psalmist remember about worshiping with the crowd?

2. What does it mean that the psalmist talks to his own soul and tells it to hope?

3. What do you say to yourself when you feel far from God?

IN YOUR OWN WORDS: WHAT DOES PSALM 42 TEACH?

☐ I listened to the song

☐ I can say verse 1 by heart

☐ I can say what it teaches

☐ I know the picture word

Answers Blanks: deer · water · hope · Check yourself: 1. A (v. 3) · 2. B (vv. 3, 10) · 3. C (v. 7)