

Communal Lament

Psalms of David · Book II

“For the Chief Musician. To the tune of “The Lily of the Covenant.” A teaching poem by David, when he fought with Aram Naharaim and with Aram Zobah, and Joab returned, and killed twelve thousand of Edom in the Valley of Salt.”

PICTURE WORD

Banner

IN ONE SENTENCE



After defeat, Israel asks God to restore them, and trusts that with God they will act valiantly against their foes.

Remember it: Sixty: under God's banner the beaten rise and act valiantly.

MEMORY VERSE

Through God we will do valiantly, for it is he who will tread down our adversaries.

Psalm 60:12 · World English Bible

HEBREW WORD

חֵיל

“valor, strength” · verse 12

In the Psalms: eighteen times, in 13 psalms

חֵיל means strength, valor, ability, and even wealth or an army. It is the word in “a woman of valor” in Proverbs 31. Israel has been shaken and defeated, yet the psalm ends with confidence: valor will come “through God,” not from soldiers alone.

HOW THE PSALM MOVES

1–5 After defeat, the people ask God to mend the broken land.

6–8 God speaks from his sanctuary, claiming the lands as his.

9–12 Human help is vain; through God they will act valiantly.

MY NOTES



Listen. Hear Psalm 60 sung in the **Psalm Song** app, or free at ispress.de/psalms/60.

Cantillated. Sung: chanted back and forth between a leader and the people.

Crying Out in Distress

Israel's Story

Waiting on God

FILL IN THE BLANKS

After _____, Israel asks God to _____ them, and trusts that with God they will act _____ against their foes.

CHECK YOURSELF

1. What has God made his people drink?

☐ (A) Living water

☐ (C) The wine that makes us stagger

☐ (B) Bitter herbs

☐ (D) Milk and honey

2. What does God call Moab?

☐ (A) My wash basin

☐ (C) My helmet

☐ (B) My scepter

☐ (D) My vineyard

3. What does the psalm say about the help of man?

☐ (A) It is enough

☐ (C) It is slow

☐ (B) It is vain

☐ (D) It is costly

TALK IT OVER

1. What has God given to those who fear him in verse 4, and why?

2. God claims every land by name. What does that say about his rule over nations?

3. After a defeat in your life, what would it mean to act valiantly "through God"?

IN YOUR OWN WORDS: WHAT DOES PSALM 60 TEACH?

☐ I listened to the song

☐ I can say verse 12 by heart

☐ I can say what it teaches

☐ I know the picture word

Answers: Blanks: defeat · restore · valiantly · Check yourself: 1. C (v. 3) · 2. A (v. 8) · 3. B (v. 11)