

Declarative Stability

Psalms of David · Book II

"For the Chief Musician. To Jeduthun. A Psalm by David."

IN ONE SENTENCE



My soul waits quietly for God alone, my rock and fortress, so I trust him and pour out my heart.

Remember it: Sixty-two: when others push the leaning wall, my soul rests quietly in God.

MEMORY VERSE

Trust in him at all times, you people. Pour out your heart before him. God is a refuge for us. Selah.

Psalm 62:8 · World English Bible

HEBREW WORD

דִּוְמָיָה

"silent rest" · verse 1

In the Psalms: four times, in 4 psalms

דִּוְמָיָה means silence or stillness. Verse 1 reads, literally, "Only toward God is my soul silence." It is not empty quiet but the hush of a soul that has stopped arguing and is waiting on God alone, while everyone around is shoving at a leaning wall.

HOW THE PSALM MOVES

- 1–4 My soul rests in God alone while liars push me down.
- 5–8 Wait in silence; trust him always and pour out your heart.
- 9–12 People are a breath; power and loving kindness belong to God.

IN THE NEW TESTAMENT

v. 12 → **Romans 2:6** God will repay each one according to his works.

MY NOTES



Listen. Hear Psalm 62 sung in the **Psalm Song** app, or free at ispress.de/psalms/62.

Cantillated. Sung: chanted back and forth between a leader and the people.

Waiting on God

Refuge in Trouble

FILL IN THE BLANKS

My soul waits _____ for God alone, my rock and _____, so I trust him and _____ out my heart.

CHECK YOURSELF

1. The attackers want to throw him down like what?

(A) A broken jar

(B) A leaning wall

(C) An old tree

(D) A stone idol

2. What are people of low and high degree, weighed in the balances?

(A) Lighter than a breath

(B) Heavier than gold

(C) Equal to each other

(D) Worth nothing to God

3. What should you not do if riches increase?

(A) Give them away

(B) Hide them

(C) Boast about them

(D) Set your heart on them

TALK IT OVER

1. What two things belong to God, according to verses 11 and 12?

2. What does it mean to pour out your heart before God, rather than tidy it up first?

3. Where do you most need to practice waiting in silence instead of pushing back?

IN YOUR OWN WORDS: WHAT DOES PSALM 62 TEACH?

☐ I listened to the song

☐ I can say what it teaches

☐ I can say verse 8 by heart

☐ I know the picture word

Answers: Blanks: quietly · fortress · pour · Check yourself: 1. B (v. 3) · 2. A (v. 9) · 3. D (v. 10)