

Refrain Thanksgiving

Writer not named · Book V

PICTURE WORD

Calm Sea

IN ONE SENTENCE



he redeemed give thanks that when they cried out in trouble, wandering, prison, sickness, or storm, the LORD rescued them.

Remember it: One-oh-seven: four times they cried, four times the LORD rescued.

MEMORY VERSE

Then they cried to Yahweh in their trouble,
and he delivered them out of their
distresses.

Psalm 107:6 · World English Bible

HEBREW WORD

וִיִּצְעָקוּ

"they cried out" · verse 6

In the Psalms: five times, in 4 psalms

וִיִּצְעָק means "to cry out" in distress, a loud cry for help, not a polite request. Its noun is used when God says he has heard Israel's cry in Egypt. The refrain "they cried to the LORD in their trouble" rings four times (vv. 6, 13, 19, 28, twice with a sister verb), and each time the LORD answers.

HOW THE PSALM MOVES

- 1-3 Let the redeemed say so: his love endures forever
- 4-9 Lost wanderers cry out and are led home
- 10-22 Prisoners and the sick cry out and are rescued
- 23-32 Sailors in a storm cry out, and he stills the sea
- 33-43 God turns lands around; the wise consider his love

MY NOTES



Listen. Hear Psalm 107 sung in the **Psalm Song** app, or free at ispress.de/psalms/107.

Cantillated. Sung: chanted back and forth between a leader and the people.

Praise & Thanksgiving

Refuge in Trouble

Israel's Story

FILL IN THE BLANKS

The _____ give thanks that when they cried out in trouble, wandering, _____, sickness, or _____, the LORD rescued them.

CHECK YOURSELF

1. What did the wanderers in the desert not find?

☐ (A) Water

☐ (C) A guide

☐ (B) A city to live in

☐ (D) Gold

2. What does the LORD do to the storm?

☐ (A) Makes it a calm

☐ (C) Sends it to Egypt

☐ (B) Makes it stronger

☐ (D) Hides it in a cave

3. Who should pay attention to these things?

☐ (A) The princes

☐ (C) The fools

☐ (B) The sailors

☐ (D) Whoever is wise

TALK IT OVER

1. The psalm describes four kinds of trouble. Which one sounds most like a season you have been through?

2. What does the repeated pattern of crying out and rescue show about the LORD?

3. Verse 2 says, "Let the redeemed say so." How can you tell someone what God has done for you?

IN YOUR OWN WORDS: WHAT DOES PSALM 107 TEACH?

☐ I listened to the song

☐ I can say verse 6 by heart

☐ I can say what it teaches

☐ I know the picture word

Answers: Blanks: redeemed · prison · storm · Check yourself: 1. B (v. 4) · 2. A (v. 29) · 3. D (v. 43)