

Torah Instruction

Writer not named · Book V · Alphabet Psalms

PICTURE WORD

Lamp

IN ONE SENTENCE



lessed is the one who keeps God's word; the psalmist treasures it, obeys it, seeks God wholeheartedly, and asks for rescue.

Remember it: One-nineteen: the longest psalm, a lamp for every step.

MEMORY VERSE

Your word is a lamp to my feet, and a light for my path.

Psalm 119:105 · World English Bible

HEBREW WORD

“lamp” · verse 105

In the Psalms: three times, in 3 psalms

נֵר means “lamp,” a small clay oil lamp held in the hand at night. The same word names the lamps kept burning in the tabernacle. A hand lamp lights only the next few steps, not the whole road. Verse 105 opens the stanza of the Hebrew letter נ, and God’s word gives enough light for the next step.

HOW THE PSALM MOVES

- 1–24 Blessed are those who walk in the LORD's law
- 25–48 Revive me, teach me, and set my heart free
- 49–72 God's word comforts me in affliction and is worth more than gold
- 73–96 Faint and persecuted, I hope in your settled word
- 97–120 How I love your law; it is a lamp to my feet
- 121–144 Your words give light and are righteous forever
- 145–160 I call by night and day; all your words are truth
- 161–176 Great peace for lovers of your law; seek your lost sheep

MY NOTES



Listen. Hear Psalm 119 in the **Psalm Song** app, or free at ispress.de/psalms/119.

Didactic. Preached: a teaching psalm, a sermon meant to be heard, not sung.

God's Word

The Two Ways

FILL IN THE BLANKS

Blessed is the one who _____ God's word; the psalmist _____ it, obeys it, seeks God wholeheartedly, and asks for _____.

CHECK YOURSELF

1. How can a young man keep his way pure?

(A) By living according to God's word

(B) By leaving the city

(C) By obeying his elders

(D) By gaining riches

2. What does the psalmist say God's word is to his feet?

(A) A shield

(B) A road

(C) A lamp

(D) A gate

3. In the last verse, the psalmist says he has gone astray like what?

(A) A wandering star

(B) A lost sheep

(C) A broken reed

(D) A wild donkey

TALK IT OVER

1. The psalmist uses many words for Scripture: law, statutes, precepts, testimonies. What do these names suggest about God's word?

2. What does this psalm teach about God as a teacher who wants to be known?

3. Verse 11 says, "I have hidden your word in my heart." What verse could you memorize this week?

IN YOUR OWN WORDS: WHAT DOES PSALM 119 TEACH?

☐ I listened to the song

☐ I can say what it teaches

☐ I can say verse 105 by heart

☐ I know the picture word

Answers: Blanks: keeps · treasures · rescue · Check yourself: 1. A (v. 9) · 2. C (v. 105) · 3. B (v. 176)