PSALM

128

CXXVIII

Pilgrim Blessing

Writer not named · Book V · Songs of Ascents

"A Song of Ascents."

PICTURE WORD

Olive Shoots

IN ONE SENTENCE

he person who fears the LORD and walks in his ways enjoys fruitful work, a flourishing family, and blessing from Zion.

Remember it: One twenty-eight: fear the LORD, and olive shoots will circle your table.

MEMORY VERSE

Blessed is everyone who fears Yahweh, who walks in his ways.

Psalm 128:1 · World English Bible

HEBREW WORD

יְרֵא

"fears" · verse 1

In the Psalms: 27 times, in 19 psalms

יְרֵא means "one who fears." In the Bible the fear of the LORD is reverent awe that leads to obedience, not cringing terror; Proverbs calls it the beginning of wisdom. Here it is paired with walking in his ways, so this fear shows up in everyday steps.

HOW THE PSALM MOVES

1–4	Whoever fears the LORD enjoys his labor, wife, and children
5–6	A blessing from Zion for long life, grandchildren, and peace

MY NOTES

Listen. Hear Psalm 128 sung in the **Psalm Song** app, or free at **ispress.de/psalms/128**.

Cantillated. Sung: chanted back and forth between a leader and the people.

The Two Ways · Zion & the House of God

FILL IN THE BLANKS

The person who fears the LORD and walks in his ways enjoys _____ work, a flourishing _____, and blessing from _____.

CHECK YOURSELF

1. The wife of the one who fears the LORD is like...

- (A) a strong tower
- (B) a cedar tree
- (C) a fruitful vine
- (D) a morning star

2. The children are like what around the table?

- (A) Arrows
- (B) Lambs
- (C) Candles
- (D) Olive shoots

3. What does the psalm hope the blessed person will see?

- (A) His children's children
- (B) The fall of his enemies
- (C) The ark return
- (D) Great riches

TALK IT OVER

1. What two things describe the blessed person in verse 1?

2. What does this psalm reveal about the LORD's interest in ordinary home life?

3. How does reverence for God show up at your kitchen table?

IN YOUR OWN WORDS: WHAT DOES PSALM 128 TEACH?

- ☐ I listened to the song
- ☐ I can say verse 1 by heart
- ☐ I can say what it teaches
- ☐ I know the picture word

Answers Blanks: fruitful · family · Zion · Check yourself: 1. C (v. 3) · 2. D (v. 3) · 3. A (v. 6)