PSALM

134

CXXXIV

Night Antiphon

Writer not named · Book V · Songs of Ascents

"A Song of Ascents."

PICTURE WORD

Lifted Hands

IN ONE SENTENCE

ight-shift servants of the LORD are urged to lift their hands and bless him, and he blesses them from Zion.

Remember it: One thirty-four: lift your hands at night; the Maker blesses back.

MEMORY VERSE

Lift up your hands in the sanctuary. Praise Yahweh!

Psalm 134:2 · World English Bible

HEBREW WORD

וּבָרֲכוּ

"bless" · verse 2

In the Psalms: 75 times, in 43 psalms

בָּרַךְ means "bless." When people bless the LORD they praise and honor him; when the LORD blesses people he gives them good. This tiny psalm runs both ways: the servants bless the LORD in verses 1-2, and he blesses them from Zion in verse 3.

HOW THE PSALM MOVES

1–2	Night servants in the LORD's house are called to praise
3	A blessing from the Maker of heaven and earth

MY NOTES

Listen. Hear Psalm 134 sung in the **Psalm Song** app, or free at **ispress.de/psalms/134**.

Cantillated. Sung: chanted back and forth between a leader and the people.

Praise & Thanksgiving · Zion & the House of God · God in Creation

FILL IN THE BLANKS

Night-shift servants of the LORD are urged to lift their _____ and bless him, and he _____ them from _____.

CHECK YOURSELF

1. When do these servants stand in the LORD's house?

- (A) By night
- (B) At dawn
- (C) At noon
- (D) On feast days

2. What are they told to lift up in the sanctuary?

- (A) Their voices
- (B) Their hands
- (C) Their lamps
- (D) Their offerings

3. The one who blesses from Zion is the one who…

- (A) led Israel from Egypt
- (B) chose David
- (C) made heaven and earth
- (D) built the temple

TALK IT OVER

1. Who is addressed in this psalm, and what are they told to do?

2. What does the title "he who made heaven and earth" add to the blessing?

3. Who serves unseen in your church, and how can you bless them?

IN YOUR OWN WORDS: WHAT DOES PSALM 134 TEACH?

- ☐ I listened to the song
- ☐ I can say verse 2 by heart
- ☐ I can say what it teaches
- ☐ I know the picture word

Answers Blanks: hands · blesses · Zion · Check yourself: 1. A (v. 1) · 2. B (v. 2) · 3. C (v. 3)